

Westminster Presbyterian Church

1285 3rd Ave SE, Cedar Rapids, IA 52403

319-366-7185

319-366-7187 (Fax)

www.crwpc.org

Office Hours

Monday - Friday

8:30 a.m. to 4:30 p.m.

Worship Times

Sunday

8:00 a.m. traditional service in the Chapel

9:00 a.m. contemporary service in the Family Life Center

11:00 a.m. traditional service in the Sanctuary

Communion is served on the first Sunday of each month.

Pastor Don Houdeshell: pastor@crwpc.org

Associate Pastor Jim Langley: jlangley@crwpc.org

A.J. Plummer: cedirector@crwpc.org

Acting Director of Student Ministries, Jackie Alff: Iromanelli@crwpc.org

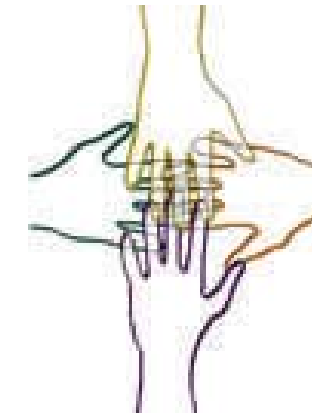
Business Manager, Marilyn Shoger: mshoger@crwpc.org

Church Secretary, Christina Anderson: westmin@crwpc.org



October 2010

Volume 25, Issue 10



Stewardship: Faithfulness Sustains the Generations

*On Sunday, October 10th, we will kick off our annual stewardship campaign – our chance to respond in praise and thanksgiving to God. Pledging is our way of giving not to the church, but to God. It is through our **faithfulness** that we support his mission and ministry to **sustain the generations**. It is a tangible expression of our love for, and devotion to, God and His people.*

*A **stewardship packet** identified by your name will be ready for you to pick up at each worship service on October 10th. The packet will contain a pledge card for 2011, instructions for filling out and returning your pledge, as well as two **Time and Talents forms**. A **Ministry Opportunities Brochure** will also be available for pickup, or if you prefer, you can find it on the church website, www.crwpc.org, and download it from the resources link. Additional Time and Talents forms can also be downloaded from this link.*

***Commitment and Celebration Sunday is October 17th**. There will be **special music and celebration cake** at all services. A second offering will be taken during all services to collect pledge packets. Please return **both** your pledge card and Time and Talents form(s) at this time. If you are unable to attend or prefer to mail them in, please ensure that they arrive at the church no later than Monday, October 25th (for your convenience a mailing label will be included with your pledge packet).*

*“Know therefore that the Lord your God is God; he is the faithful God, keeping his covenant of love to a thousand generations of those who love him and keep his commands.” Deuteronomy 7:9. Our **faithfulness** to Jesus' church today will **sustain the generations** to come at Westminster. Thank you for your **faithfulness!***

RETURN SERVICE REQUESTED

E-Mail: westmin@crwpc.org

Fax: 319-366-7187

PHONE: 319-366-7185

1285 Third Avenue South East

Cedar Rapids, Iowa 52403-4084

A MONTHLY NEWS PUBLICATION

THE VOICE OF WESTMINSTER

WESTMINSTER PRESBYTERIAN CHURCH

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PASTORAL PREFACE

The primary way mainline denominational churches are recovering their sense of identity, purpose, and passion in the postmodern, post-Christendom era is by getting back to the basics. The recovery is in going back to becoming congregations whose core identity is wrapped up in being disciple-forming communities. The Early Church was deeply committed to responding to God and making disciples. "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age." (Matthew 28:19-20) Jesus gave this commission to the disciples after he died on the cross and was raised from the dead. These were pretty much his last words before he ascended to heaven. What Jesus said is God's commission to the Church and followers of Jesus in all ages and circumstances.

While I was recently on study leave with Julie, in a cabin we rented at Zephyr Point Presbyterian Conference Center in Nevada, I was able to accomplish at least three things:

- 1) read a number of books,
- 2) reflect and pray about what God was guiding me to do in my time as Interim Pastor of Westminster Presbyterian Church, and
- 3) plan some of my preaching and my work with the Session.

Of all the books I read while we were staying at Zephyr Point, one that stands out is Jeffrey D. Jones' *Traveling Together*, published in 2006 by The Alban Institute, Herndon, Virginia.

How does the church get back to the basics of making disciples? Jeffrey Jones cites helpful, concrete examples of some of the ways mainline churches are being reinvigorated and recovering both passion and purpose. These churches are engaging in traditional Christian practices and developing some new disciplined practices of faith as well. Jones cites Diana Butler Bass, who articulates four broad areas of traditional Christian practices which are formative in making disciples: worship, prayer, moral formation, and life together. (p. 72, *Life Together*) Jones also lifts up the creativity of Craig Dykstra in expanding spiritual practices that emerge from our common faith and our common life in the church:

- worshiping God together
- telling the Christian story to one another
- interpreting together the Scriptures and the history of the church's experience
- praying
- confessing our sin to one another
- tolerating one another's failures and encouraging one another
- carrying out specific faithful acts of service and witness
- giving generously
- suffering with and for one another and all our neighbors
- providing hospitality and care
- listening and talking attentively to one another
- struggling together to become conscious of and to understand the world in which we live
- criticizing and resisting powers and patterns that destroy people and corrode community
- working together to maintain and create structures and institutions that sustain life (p. 73, *Traveling Together*)

I commend these spiritual disciplines and practices to the saints of Westminster Presbyterian Church. These practices put all of us in a good place to respond to God's call. God calls us to be the body of Christ, the Church. God calls us to do Christ's ministry which redeems and transforms us and the world in which we live today. It is who we are. It is what we do.

Faithfully,
Don

WORSHIP VOLUNTEERS FOR OCTOBER 2010

8:00 a.m. Greeters/Ushers

October 3 Don & Sherryl Hoepfner
October 10 Connie Hayes & Patty Lewin
October 17 Jim & Sue Patterson
October 24 J.P. & Becky Ranck
October 31 Dick Trotter & Maggie York

9:00 a.m. Greeters/Ushers

October 3 David & Linda Cosgrove
October 10 TBA
October 17 Ted & Lois Kahler
October 24 Dave & Leanne Leeper
October 31 Todd & Michelle Pearson

11:00 a.m. Head Usher

Scott Olson

11:00 a.m. Greeters

October 3 TBA
October 10 Lemi Tilahun & Betty Van Fossen
October 17 Bob & Joan Zirbel
October 24 Lorraine Worsfold & Sandra Yarrington
October 31 Dale & Sherry Weiske

11:00 a.m. Ushers

October 3 Donelle Daugherty, Betty Van Fossen, Berta Mullin, Signe Munson & Debra Salz-Steenblock
October 10 Jim & Cheryl Shanklin, Kent Steenblock, Ed & Ardyce Brunsting
October 17 Emily Sweet, Terry Teide, Lemi Tilahun, Bob & Joan Zirbel
October 24 Claudia Warfel, Dale Weiske, Lorraine Worsfold, Mike & Nancy Walker
October 31 David Basler, Luman Colton, Bruce Crawford, Ed & Ardyce Brunsting

Offering Stewards

October 3 John Swanson & David Marner
October 4 Ed Brunsting
October 10 Kathie Lane & Dale Crosier
October 12 Pat Teig
October 17 Jim Sankey & Mike Zimmermann
October 18 Connie Hayes
October 24 Butch Hataway & Martha Wilding
October 25 Martha Griffith
October 31 Doug Wagner & Debbie Richardson

Nursery Volunteers

9:00 a.m.

October 3 Macy Ripley
October 10 Wreese Marner
October 17 Jessie Alff
October 24 Tricia Brown & Hailey Voyek
October 31 Jordan Entsminger

10:00 a.m.

October 3 Nikita Thies
October 10 Ilsa Tilahun
October 17 Abby Papesch
October 24 Nick Shanklin
October 31 Shelly Teberg

11:00 a.m.

October 3 Marcia Elhart
October 10 TBA
October 17 Andrea Schoenbeck
October 24 Jenna Teberg
October 31 Paula Maddy

Liturgist

October 3 Dale Crosier
October 10 Loren Neubauer
October 17 Alisa Shields
October 24 Connie Ripley
October 31 Kim Brokaw

Handicap Host / Flower Delivery

October 3 Tricia Brown
October 10 Linda Cosgrove
October 17 Tim Winegarden
October 24 Marion Engel
October 31 Judy Ruth

Coffee Hosts

October 3 Herb & Carm Hammerberg
October 10 Bryan & Nancy Hawkins
October 17 Dick Trotter
October 24 Jerry & Donelle Daugherty
October 31 Barb Schultz & Flora Kitzman

9:00 a.m. Communion Servers

Ted & Lois Kahler, Deb Sprague & Adrienne Walls

11:00 a.m. Communion Servers

David Basler, Larry & Karol Cooper, Chuck & Mary Jo Crull, Carm Hammerberg, Gingie Hunstad, Laura Koontz & Berta Mullin

SCHEDULED TO SERVE AND CAN'T MAKE IT?

If you are scheduled to serve on a Sunday and cannot serve on your scheduled day, please find a replacement or someone to switch with you. Please let the Church Office know of any changes by Thursday of each week to ensure that it is printed correctly in the bulletin. If you have any questions regarding the schedule, please call the Church Office at 366-7185 or email Christina at westmin@crwpc.org. Thank you for your willingness to serve!

ANOTHER TIME TO SAY GOOD BYE

We welcome you to help us say "good bye" to Terry Ingledue, our Maintenance Custodian, on Sunday, October 3rd, after the 9:00 and 11:00 a.m. services in the Large Parlor. Refreshments will be provided.

Terry is retiring after being an employee here at Westminster for over 8 years and he has done a marvelous job. He will be greatly missed but we know he'll enjoy his retirement!

CPR/AED

Is anyone interested in taking a CPR/AED training class this fall? Please contact Christina in the church office (366-7185) by October 15th so you can be included in our fall class.

KIDS' CLOSET NEWS

The Kid's Closet is going strong at our mission house on Third Avenue. Those of us involved in this local mission have found great satisfaction in knowing we are helping families, and especially children, by providing new and gently used children's clothing to those in need.

We need help with this mission. Have you considered that your "talent" might be suited to this project? Can you sort and tag clothing? Can you occasionally spare some time on the first Thursday and Saturday of the month? This is basically what it takes to be part of this wonderful ministry.

If you need volunteer hours for a scholarship or if your child needs volunteer hours for a scout badge, please consider helping us out. You and your child can spend a few hours on a Saturday morning volunteering at the Kid's Closet and will earn not only volunteer hours but will learn to understand how we serve others in a personal way.

If you would like to participate in the Kid's Closet mission, or if you want to learn more about it, please contact Karen Carver at 393-4295.

OCTOBER JEANS JAMBOREE

Kids' Closet is having a special collection during October. Please consider donating a pair of new or gently used boys' or girls' jeans, sizes 5 to 16. School has started and jeans are needed!

HEALTH MINISTRIES TEAM AND LOAVES & FISHES

The Health Ministries Team is sponsoring an addition to the food items collected for the Loaves & Fishes Pantry each month. As we all need sustenance for our bodies we also need grooming products to feel good about ourselves. We feel this is a great way to help others see the love and goodness of God in those who serve him. Please help support this worthy mission!

Sherry Cornish, Moderator
Health Ministries Team

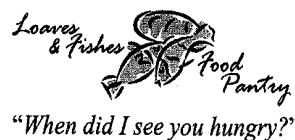
STUDENT MINISTRIES NEWS

Student Ministries will be collecting Thanksgiving food once again this year for the Loaves & Fishes Food Pantry. Be looking for more information in the upcoming bulletins and November newsletter!

LOAVES AND FISHES FOOD PANTRY NEEDS:

OCTOBER - GREEN BEANS & MANDARIN ORANGES, DEODORANT
NOVEMBER - PORK & BEANS AND FRUIT COCKTAIL, SHAMPOO

CANNED & BOXED FOOD; NO JARS PLEASE. STANDARD SIZE CANS,
AS MOST OF OUR GUESTS WALK TO THE PANTRY.
TOILET PAPER & PERSONAL PRODUCTS ALWAYS NEEDED.



"When did I see you hungry?"

REDUCE, REUSE, RECYCLE=STEWARDSHIP

Most recycling at Westminster is fantastic! Just a couple of reminders: coffee cups are not to be put in the blue recycling containers; straws are not recyclable. Please use the pop can boxes for your pop cans.

In case you missed it, beginning in September you may drop off all electronics waste (TVs, computers, CD players, etc.) FOR FREE at either the A St. SW or County Home Road landfills!!! This will keep many toxins out of the landfills. Linn County is the first in the state to offer free recycling of electronics. No excuse for throwing them away!!

Is window washing in your future? Vinegar and water, plus old newspapers really put on the shine, and are green. You can still recycle the newspapers when you are done. I've used this for years, and it works great.

Remember to unplug small appliances when they are not in use. That coffee pot, toaster, mixer, TV, computer, and other devices really soak up the electricity!

Are you using biodegradable garbage bags? They are available. Of course, using grocery sacks for garbage is acceptable too. However, if you are using cloth bags for your groceries, you won't have those! Did you see that Dubuque County will ban all plastic bags soon? Hallelujah!!!

In the paper today, 5th graders at Marion Intermediate School are sorting lunch trash and sending empty 100-calorie Oreo packages, Fritos packages, potato chip bags, drink containers etc. to a company called TerraCycle, which uses them to make backpacks and purses. Of course, the best recycling idea is to buy those products in bulk and put them into baggies, which are returned home to be used again. But it is great that they are learning what-all is going into our landfills!

Make it an adventure to try something new in the way of saving our planet!

Marilyn Lodge

ZERO POVERTY SUMMIT 2010

On October 10th at Hope United Church of Christ, 150 9th Ave, Hiawatha, IA, keynote speakers will discuss the importance of building relationships within a community to support those in poverty and bring about systemic and human cultural change leading to economic self-sufficiency. Speakers include Clint Twedt-Ball of Matthew 25 Ministry, Tim Wilson of the Willis Dady Shelter STRAP Program, Barbara Ruppel of Waypoint State Homeless Prevention Rapid Re-Housing Program, Nick D'Amico of Horizons and Lois Rude of Helping Hands Ministry. Registration begins at 1:10 p.m. with the meeting starting at 1:30 and going until 3:00 p.m. If you have questions or would like more information, please contact Lois Rude at Helping Hands Ministry by calling 366-2651 or emailing helpinghands@ecc-cr.net.

ADULT SUNDAY SCHOOL OCTOBER OFFERINGS

October 3rd & 10th

Mike Bryant teaches a class entitled, "The Struggle for Christianity's Survival During the Viking Invasions".

October 17th & 31st

Doug Wagner teaches a class entitled, "The Great Commission and Me: A Spiritual Examination of Reaching Out to the Other."

October 24th

Dr. Meira Kensky, Assistant Professor of Religion at Coe College, leads a class entitled, "The Split Between Judaism and Christianity I: Insights from Acts of the Apostles".

PART TWO OF THE WOMEN'S RETREAT

Church basements are the theme of this woman's gathering on Saturday, October 16th, and we will again be joining the women of First Presbyterian Church, CR, for an evening of good food and laughter. Our journey begins in the parking lot of First Pres, CR and we will depart at 5:00 p.m. We will carpool to the First Presbyterian Church near Ely for their chicken noodle soup and kolache supper. After dinner, we will head on over to the Old Creamery Theatre for the final night of "Church Basement Ladies", a musical comedy that celebrates the heart and soul of every church, the basement kitchen, and the women who work there. Sign up on Sunday after worship or contact Barb Mumford at 393-2250 to make a reservation or with any questions.

CHURCH CHATTER FOR CHILDREN

The past few weeks, I have been thinking about this church's mission statement: *"We are a family where people of all ages grow in their relationship with Jesus Christ, are nurtured toward maturity, and are equipped to share God's love."* And I've been thinking about this in the context of our involvement and impact on the direct local community. Now I know what you're thinking, "We've heard this all before," and that is true, but I think there is another piece to the puzzle. After our Ice Cream Social, which was held at the church in August, and seeing how insightful the event was for us as well as impactful for the immediate community, I can't help but sit and wonder now, what else? What else is there that we as an equipped community of relatively privileged Americans and Christians can do to continue to make an impact for the better?

In the movie *Bruce Almighty*, actor Morgan Freeman, portraying God, says the following:

"Parting your soup is not a miracle, Bruce, it's a magic trick. A single mom who's working two jobs and still finds time to take her son to soccer practice, that's a miracle. A teenager who says 'no' to drugs and 'yes' to an education, that's a miracle. People want me to do everything for them. But what they don't realize is *they* have the power. You want to see a miracle, son? *Be the miracle.*"

So often we think of Christianity as a passive experience, allowing God to do all the work by working through us, but what we forget is that God has given each of us the power of making a difference. I see people in the surrounding community who struggle for food (so we responded with Loaves and Fishes). I see kids who barely have a week's worth of clothes (and so we've responded with a Kids' Clothes Closet). But I also see children and youth who come home from school and have nowhere to go, nowhere to study or do homework, and have no one to provide the love and support of a caring family. Yet, *"we are a family where people of all ages..."* You get the picture. So again I ask, what else? What else can be done? Shall we remain complacent or are we being called by our Creator to further *be the miracle* in this neighborhood? And at what point is it *too* much? These are questions each must decide for his or her self, but as is always the case with our Creator, His power lies not in the stars, heaven, or even exclusively in an ordained pastor, but first, foremost, and most importantly within each of us.

A.J. Plummer, Director of Christian Education

Trunk or Treat

This year, Westminster has a very unique opportunity to be part of the 3rd Avenue/Wellington Heights **Trunk or Treat** in cooperation with First Lutheran Church and St. Paul's United Methodist Church. Since kids in the area cannot go door to door Trick or Treating, we ask people to bring candy, dress in costumes (*no masks, please!!*), and decorate the trunk of their cars so kids can go around to each trunk Trick or Treating. OR, if you'd rather not decorate a trunk, bring your own kids to go Trunk or Treating. Because let's be honest, why Trick or Treat only once a year when you can do it twice and have twice the fun? The event will be **October 24th from 3-4 P.M.** in the St. Luke's parking lot immediately behind First Lutheran Church. Trunk-or-Treat will surely be a 'spooktacular' event with a Spooky Music Concert in the Nave of First Lutheran by some "monstrous-musicians", hot apple cider, kids' crafts, and hot dogs on the grill. *If you're interested in decorating your trunk for the event, sign up on the bulletin board outside the office no later than Wednesday, October 19th.* Help make this event a hauntingly HUGE success!

Save the Date!!

Mark your calendars from 3-5:30 P.M. on November 21st for our Family Advent Celebration! Come make a family advent wreath and watch Sam Kauffman, who is a professional children's dramatist and musician. You can preview some of her material at <http://www.samkservantsheart.com/>. We hope to see you there!

Toy Give-Away

It is so thrilling to see how quickly our little Toy Give-Away table fills up and practically overflows with toys. This is a great problem to have, but don't stop now! If you have not yet donated new or gently used toys, please consider joining us in this mission. *Starting in October, there will be a battery box on the table as well.* Think about it...most toys these days are battery-operated and we want to make sure we send each toy home with new batteries. If you don't have any new or gently used toys to donate, please consider donating new batteries to our cause. We'll accept any kind of batteries normally used for toys, including AA, AAA, C, D, and some 9-volt. Only together can we make a change for the better in our neighborhood!

OVERWEIGHT CHILDREN & TEENS - AN ALARMING TREND A Health Ministries Article by Joyce Sankey, RD LD

In the last 30 years, the number of children and teens who are classified as overweight or obese has tripled. This represents 17% of American children! In 2004 20% of 5th graders in Cedar Rapids Community Schools were classified as overweight. Studies have shown that 80% of children who are overweight at age 10 to age 15 remain overweight as adults. Children who are overweight before age eight are more likely to have even more severe obesity. Why should this trend be such a concern? Overweight and obesity increases a person's lifetime health risk of developing high blood pressure, high cholesterol levels, heart disease, type II diabetes, asthma, mental stress, sleep apnea and many cancers. There is also statistically decreased life expectancy.

How is overweight /obesity determined in a child? Children are expected to gain weight and height as part of normal growth and development, so weight alone is not used to determine overweight or obesity. Instead the BMI percentile chart for children is used. It can be found at the CDC.gov web site along with a BMI calculator. Children at or above the BMI percentile of 85 percentile are considered overweight, those at or above 95 percentile are considered obese.

The state of Iowa is so concerned about the increased weight trend and health risk to children that it passed the Healthy Kids Act, effective July 1, 2010. The Act's main goal is directed to the Department of Education, Bureau of Nutrition, Health and Transportation Services: help kids develop healthy habits. The act specifically targets improving the nutritional content of foods served during the school day and increasing physical activity. It specifies the nutrient content allowed for foods and beverages, vending machine items and regulated fundraisers. Children in grades 1- 5 are required to have 30 minutes daily of physical activity, and grades 6-12 are required to have 120 minutes a week. The federal child nutrition reauthorization legislation approved in August by the Senate also includes similar actions. Locally, the Healthy Linn Care Network has been awarded a 13-month grant toward working on initiatives to decrease the overweight trend in children.

What can we (parents, family, friends) do to support healthy habits for all children?

Use the USDA food guide pyramid in meal planning! Choose fruits and vegetables for snacks. Fix age-related portion sizes.

Offer lowfat milk at meals. Drink **water** for thirst.

Skip the soda and sugary drinks. Limit juice to one cup daily.

Involve children in planning, shopping and preparing healthy meals and snacks. Eat meals together as a family. Eat a rainbow of fruits and vegetables daily.

Support healthy eating 24/7. Make or purchase healthy party and team treats. Be a role model for school friends.

Provide opportunities for family physical activity: Use recreational trails, take nature hikes, play tag, do sit-ups during commercials, walk after supper, dance to CDs or play Wii fit. Join the Y.

Participate in and encourage community activities like fun runs.

Limit screen time to less than 2 hours daily.

The goal for an overweight or obese child is to slow the rate of weight gain through a consistent change in energy balance. A weight reduction diet is generally not recommended. If more guidance is desired, ask your family doctor for a referral to a registered dietitian.

References Websites: www.CDC.gov, www.mypyramid.gov, www.iow.gov/educate, www.healthylinn.com/health

Thank You

A very special thank you goes out to Larry Cooper and his team for a fabulous Rally Day breakfast. Thanks for all you do in service to the church!

Grace Notes

THE MINSTER BELLS HAVE BEGUN!!

Rehearsals began in September for Westminster's Adult Handbell Choir. Are we missing YOU?? This choir is open to adults and high-schoolers. If you would like to ring with us, rehearsals are on Wednesday evenings from 6:30 to 7:30. We have child care available for those who need it. Please call me at 365-7033 for more information if you are interested. We'd love to have you join our group! ~ Julia Titus, Director of Minster Bells

SPECIAL MUSIC FOR OCTOBER

This month, at the 11:00 a.m. service, the congregation at Westminster will be treated to a variety of special guests! The Coe College Chorale will sing, giving our Chancel Choir a week's respite, and on Celebration Sunday, there will be a multitude of musicians gracing the sanctuary with music of praise and rejoicing. The Minster Bells will also share their gifts later in the month. The dates for each of these special groups are as follows:

Sunday, October 10 - The Coe College Chorale
 Sunday, October 17 - Chancel Choir and Festival Orchestra
 Sunday, October 24 - The Minster Bells

OCTOBER IS PASTOR APPRECIATION MONTH!!

If you see Pastor Don or Pastor Jim around the church, let them know that you appreciate them!

JOTTINGS FROM PASTOR JIM

Two of my friends, Erin and Ben live in Toronto, Ontario, with their four-year-old black lab, Wile E. Ben is in a doctoral program at the University of Toronto, and Erin works part time at Sanctuary, an inner city ministry that is a haven of safety, security and respect for some of the neediest and most marginalized people in the city of Toronto.

Erin recently sent me a story that I feel is worthy of passing along. She writes, "Wile E. greets Henry as if he were an old friend he hasn't seen in years. Taking his own leash in his mouth, he pulls me to the hunched figure on the park bench and launches into a full body dance. He jumps up and licks Henry's face, paws his legs, shoves his wet nose into the folds of Henry's dirty clothes and up under the thinning limbs of his body. Henry lets out a big laugh and greets him back. His long, dirty fingers stroke Wile E.'s coat and give him satisfied pats on the head. Wile E. stretches out at Henry's feet and I visit with Henry for a few minutes. I hear about the trials of last night on the street and listen to an old story or two. Finally, we bid farewell and head our separate ways for the day."

Erin concludes her story with a lesson we would all do well to remember, especially as we engage in ministry here in the Wellington Heights Community. She says, "These stops at park benches or patches of pavement that serve as bedrooms and work places for my friends are also steps in a bigger journey, reminding me that I was not created to walk alone. I'm wired for love and companionship. The funny thing is, I often have a hard time with both. But Wile E. is a pro, and he's taught me some things about loving folks in our community, and people in general:

Enter into relationships without your own agenda.
 Don't judge.
 Remember you can say a lot without words.
 Greet everyone you meet like they were an old friend.
 There is no need for pretense.
 Stop being so guarded!
 Stay present in every conversation.
 It's OK to express real emotion.

Just be with the people you're with and love them. You don't have to think about how to show it!

You can learn a lot from a dog! What would our ministry to the Wellington Heights neighborhood look like if we could recognize God's loving presence in each person we meet here? If we would treat them not as strangers, but as friends we haven't met yet? Just something to think about...

Jim Langley

LIFE GROUPS

"LIFE Groups" is the name of Westminster's small group ministry program. LIFE is an acronym for Living In Faith Everyday, which is what these groups help us do. Westminster has LIFE Groups that meet in a variety of locations at a variety of times. Some meet weekly; some meet every other week. Each group has its own focus – from book discussions to Bible studies to women's and men's groups. To learn more about joining a LIFE Group, please contact Kay Basler at 550-2614 or email her at ksbangel@mchsi.com. Or, you can also contact Pastor Jim for more information by emailing him at jlangleyley@crwpc.org or by calling the Church Office at 366-7185.

LIFE GROUP LEADERS WANTED!!!

Do you have a passion for spiritual growth? Are you kind and compassionate? Would you be willing to give up a couple of hours each week to help other members of the Westminster family grow in their faith, while growing in faith yourself? If so, please let Pastor Jim (jlangleyley@crwpc.org) or Kay Basler (ksbangel@mchsi.com) know! We are always looking for new leaders for our LIFE Groups. Training will be offered, so sign up today!

CELEBRATING THE FAITHFULNESS OF THE GENERATIONS!

Our annual stewardship campaign is fast approaching. On **Sunday, Oct. 10th** you are invited to pick up your stewardship packets, but this year we've added something more. We're going to celebrate the faithful stewardship of this congregation on **Celebration Sunday – Oct. 17th** – as we return our pledges for 2011 by placing them in the offering basket or plate during each service. The Praise Band is working on some new songs for the 9:00 a.m. worship gathering and it will be jam-packed with music. The Chancel Choir and a 14-piece orchestra will be rolling out some good old Brooklyn Tabernacle pieces like *Total Praise* and *Days of Elijah* at the 11:00 a.m. service. We hope you can join us for this special Sunday in the life of this Westminster congregation!

NEIGHBORHOOD MEALS & ENRICHMENT PROGRAM

A total of **17,099 meals** were served at the St. Paul's United Methodist Church and Imago Christi meal sites. (June - 4,902 meals; July - 7,792 meals; August - 4,405 meals) **Thank you** to all of our members and friends who have given so generously of your time and energy to serve as volunteers this summer. We also thank the participating churches, businesses, organizations, and individuals who have made financial and in-kind contributions to this important neighborhood mission. You are greatly appreciated by the N.M.E.P. Board and the clients whom we serve. We hope to provide this great service again in the summer of 2011.

Ruth and Mary Jo

FINANCE CORNER

The August revenue was up. The general contributions in August were \$44,817.

<u>General Contributions thru August 31, 2010</u>	
Amount Budgeted	\$366,456
Amount Received	<u>339,805</u>
Deficit	\$ -26,651

We made another payment on the New Addition Loan. The new balance is \$124,369. Our next payment is due November 15. After that payment, we will owe less than \$100,000. Great job!

Marilynn Shoger

OCTOBER BIRTHDAYS

1 Norman Krauth	14 Shuna Tosa
1 Brianna Olson	15 Lynn Comried
2 Evelyn Primmer	16 Wilma Grim
2 Sherry Weiske	16 Alexander Davis
2 Ava Anderson	17 Pat McKee
3 Karen Mooty	17 Terri Wendler
3 Truman Johnson	17 Christopher Weiske
3 Matt Daugherty	18 Jeanne Messner
4 Alisa Shields	18 Peter Evans
4 Spencer Young	19 Betty Kalous
4 Skyler Young	19 Brad Lock
5 Fran Sheckler	19 Kay Basler
5 Matthew Patterson	19 Madison Edwards
6 Terry Bjornsen	20 Liz Owens
6 Kay Clark	21 Morgan Chambers
6 Colleen Hoffa	21 Bill Shanklin
7 Karen Fashimpaur	22 Sarah Christensen
7 Heather Wagner	22 Jack Evans
7 Jeremy Mead	22 Sue Daughtery
7 Sherry Purdie	22 Lisa Gammon
7 Amy Altorfer	22 Casey Dawson
8 Greg Bjornsen	23 Kenneth Perkins
8 Jason Swanson	23 Kaitlyn Gammon
8 Louis King	24 Paula Keiper
9 Warren Chadima	24 Nancy Haney
9 Kade Skogman	24 Lillian Solbrig
10 Brenna McRae	24 Ashley Foley
10 Keegan McRae	25 Wally Pinckney
11 Mozelle Davis	26 Sonya Ehret-Woolsey
11 Marion Engel	26 Judith Schoff
12 Beth Allsop	27 Steve Bowman
12 Becky Carver	27 Judy McCracken
12 Theo Mees	27 Wreese Marner
12 Joyce Ferguson	27 Chelsea McDill
12 Max McDill	28 Inga Schoenbeck
13 Leola Baierlein	29 Mathew Davis
13 Sharon Grim	30 Carl Schuettpelz
13 Dustin Lane	30 Tim Stolba
13 Hanna Langley	30 Vicki Owens
14 Marshall Clark	30 Ben Skogman
14 Timothy Vancura	31 Anne Groom



WORSHIP SERVICES

**Sunday, October 3rd - World Communion Sunday
Peacemaking Sunday**
All Services - Pastor Don Houdeshell
"Growing the Seed of Faith"
Text: Luke 17:5-10

Sunday, October 10th - Stewardship Sunday
8:00 & 11:00 a.m. - Pastor Don Houdeshell
"One in Ten"
Text: Luke 17:11-19
9:00 a.m. - Pastor Jim Langley
"Renewed in the Spirit:
Spiritual Disciplines for Today."
Text: Psalm 63.1; 1 Corinthians 3.10-17

Sunday, October 17th - Celebration Sunday
8:00 & 11:00 a.m. - Pastor Don Houdeshell
"God Has Our Back"
Text: Luke 18:1-8
9:00 a.m. - Pastor Jim Langley
"Renewed in the Spirit:
Giving with Gratitude"
Text: 2 Corinthians 9.7-9

Sunday, October 24th
All Services - Pastor Jim Langley
"Renewed in the Spirit:
The Power of Prayer"
Text: Romans 8.26-27

**Sunday, October 31st - Remembrance/Memorial
Dedication Sunday**
All Services - Pastor Don Houdeshell
"Up a Tree"
Text: Luke 19:1-10

E-NEWSLETTER

If you are interested in receiving the newsletter by email instead of a hard copy by mail, please contact Christina in the Church Office at 366-7185 or westmin@crwpc.org.

HAVE A PROJECT? NEED A HANDYMAN?

Ben Fashimpaur is offering his "handy man" services to those who may need a hand finishing or starting any household repairs or maintenance. Please call Ben at 365-7954.

PW CIRCLE NEWS

Martha/Ruth Circle will meet on Wednesday, October 20th at 9:30 a.m. in the Small Parlor. Our new C.E. Director, A.J. Plummer, will present the program. Please join us for this time of fellowship. Guests are always welcome!

Naomi/Esther Circle will meet on Friday, October 15th, at 9:30 a.m. in the Small Parlor. Please join us for this time of fellowship.

October 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 9:30 am Women @ The Well Life Group 2:00-9:00 pm Pictures	2 10:00am-4:00 pm Pictures
3 Communion Peacemaking Sunday SMA CROP Walk Breakfast Starts! 6:30 pm Emmaus	4	5 9:30 am Bible Study 10:15 am Staff Meeting 5:45 pm Deacons Meeting	6 7:30 am Men's Breakfast WNA - Logos Begins!!	7	8 9:30 am Women @ The Well Life Group	9
10 Stewardship Sunday SMA	11 9:30 am S.A.M Meeting	12 9:30 am Bible Study 10:15 am Staff Meeting Presbytery Meeting	13 7:30 am Men's Breakfast 9:30 am CR Child's Theatre Session Email WNA	14 9:00 am Kindred Spirits 4:30 pm Kids' Closet	15 9:30 am Women @ The Well Life Group 9:30 am Naomi/Esther Circle	16 10:00 am Kids' Closet
17 Celebration Sunday SMA 6:30 pm Emmaus	18 Newsletter Deadline 4:30 pm Finance Meeting	19 9:30 am Bible Study 10:15 am Staff Meeting 6:30 pm Session Meeting	20 7:30 am Men's Breakfast 9:30 am Martha/Ruth Circle WNA	21 5:30 pm Health Ministries	22 9:30 am Women @ The Well Life Group	23
24 SMA 11:00 am Baptism of Kenley Kellogg 3:00 pm Trunk or Treat (St. Lukes) 6:30 pm Emmaus	25 5:30 pm PEO in Atrium (Lodge) 7:00 pm Property Meeting	26 9:30 am Bible Study 10:15 am Staff Meeting 11:30 am Staff Lunch	27 7:30 am Men's Breakfast WNA Logos in FLC	28 9:00 am Kindred Spirits	29 9:30 am Women @ The Well Life Group	30
31 Remembrance Sunday Memorial Dedications SMA 6:30 pm Emmaus			Proof Newsletter	Print Newsletter	Mail Newsletter	

SMA—Sunday Morning Activities

8:00 am: Worship in the Atrium
8:30 am: Breakfast
9:00 am: Worship in the FLC
10:00 am: New Member Class
10:00 am: Sunday School
11:00 am: Worship in the Sanctuary

WNA - Wednesday Night Activities

4:00 pm: Logos
6:30 pm: Middle School EnterActive
6:30 pm: Minster Bells
7:30 pm: Chancel Choir

Music Schedules

Sun. 9/12 - Chancel Choir Returns
Sun. 9/26 - Minster Bells @ 11:00am